STUDENT COUNSELING CENTER

Contact Information

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Overview

Student Counseling Center focuses on assisting students to improve their emotional, psychological and relational well-being while also supporting their academic success and social and developmental growth and personal autonomy.

Counseling Services

Student Counseling Center provides free, short-term developmental and preventive mental health counseling for both full and part-time students at LCSC. At any age, adjustment to college represents a major life transition and counseling is a learning process that assists students in taking responsibility for their lives and education. Licensed mental health professional counselors are available to assist students with a variety of personal and mental health issues which may impede academic progress and personal growth. Services are provided to individuals and couples and also for time limited, topic focused groups, based on need and/or interest. Substance abuse screening and assessment and supportive counseling services are also provided and referral to community treatment providers occurs as warranted. Student Counseling Center also responds to students in crisis situations and facilitates referral to other campus and/or community medical/behavioral health providers as needed. All information discussed with counselors is kept confidential. The department adheres to Idaho state law governing counselors and counseling services and to the American Counseling Association code of ethics.

Confidentiality

All student information is confidential under FERPA, Idaho state and Federal laws governing professional counseling practices. Generally, the student must provide written permission to Student Counseling Center staff authorizing release of information to anyone other than those professionals directly involved in the plan of care, except for various limited exceptions as allowed by law.