

HEALTH & PHYSICAL EDUCATION

Content Area Requirements

Code	Title	Credits
Endorsement Area Requirements		
Take all of the following:		
ED-216	PHYSICAL EDUCATION FOR THE ELEMENTARY TEACHER	2.00
ED-447	TEACHING METHODS IN THE CONTENT AREA	2.00
HLTH-215	ELEMENTARY HEALTH SCIENCE/METHODS	3.00
HLTH-249	HEALTH THROUGH THE LIFESPAN	3.00
HLTH-253	NUTRITION	3.00
HLTH-342	COMMUNITY HEALTH	3.00
HLTH-354	ADDICTION AND PERFORMANCE	2.00
KIN-220	SOCIAL-CULTURAL ASPECTS OF SPORTS	3.00
KIN-248	SPORTS MEDICINE	3.00
KIN-269	SKILL AND ANALYSIS: EDUCATIONAL GYM&MOV	1.00
KIN-271	SKILL ANALYSIS: KINESIOLOGY	3.00
KIN-272	FITNESS AND WELLNESS	3.00
KIN-355	STRATEGIES FOR TEACHING PHYSICAL ACTIVITIES	3.00
KIN-362	BIOMECHANICS	3.00
KIN-363	PHYSIOLOGY OF EXERCISE	3.00
KIN-370	MOTOR LEARNING/MOTOR DEVELOPMENT	3.00
KIN-467	PHYSICAL ACTIVITY AND RECREATION FOR INDIVIDUALS WITH SPECIAL NEEDS	3.00
KIN-472	OUTDOOR EDUCATION	3.00
KIN-486	ORGANIZATION AND ADMINISTRATION OF HEALTH, PHYSICAL EDUCATION, RECREATION, ATHLETICS	3.00
Total Credits		52.00