

COACHING MINOR

Students interested in coaching in schools, youth organizations or recreation departments will gain the knowledge to understand the roles and responsibilities of a coach. As more athletic/recreation programs are requiring coaches to be certified, have exceptional playing experience, or have a minor in coaching, completing this Coaching minor will enhance an individual's employability.

Program Requirements

Code	Title	Credits
KIN-248	SPORTS MEDICINE	3.00
KIN-340	ADVANCED COACHING THEORY	2.00
KIN-352	YOUTH SPORTS AND RECREATION	3.00
KIN-410	SPORTS PSYCHOLOGY	3.00
KIN-425	ETHICAL DECISION-MAKING SPORT LEADERS	3.00
KIN-486	ORGANIZATION AND ADMINISTRATION OF HEALTH, PHYSICAL EDUCATION, RECREATION, ATHLETICS	3.00
KIN-494	INTERNSHIP IN KINESIOLOGY	2.00
Select at least 2 credits from the following:		2.00-3.00
KIN-341	TECHNIQUES AND METHODS OF COACHING BASKETBALL	
KIN-342	TECHNIQUES AND METHODS OF COACHING BASEBALL	
KIN-343	TECHNIQUES AND METHODS OF COACHING TRACK AND FIELD	
KIN-344	TECHNIQUES AND METHODS OF COACHING FOOTBALL	
KIN-345	TECHNIQUES AND METHODS OF COACHING VOLLEYBALL	
KIN-346	TECHNIQUES AND METHODS OF COACHING SOCCER	
KIN-347	TECHNIQUES AND METHODS OF COACHING TENNIS AND GOLF	
KIN-349	TECHNIQUES AND METHODS OF COACHING WRESTLING	
KIN-355	STRATEGIES FOR TEACHING PHYSICAL ACTIVITIES	
Total Credits		21.00-22.00